Myrto Koumarianos was born in Greece, and has also lived in Canada, the U.S., and Italy. She speaks four languages to varying degrees, writes in two (and a half) of them, understands an additional two (sometimes), and can navigate (with some misadventures) another two ancient ones. Before grad school, Myrto studied psychology, literature, and philosophy at York University.

She is currently a doctoral candidate in a collaborative program at the Centre for Drama, Theatre and Performance Studies and the Women and Gender Studies Institute at the University of Toronto. After a research apprenticeship with the internationally composed Open Program team of the Workcenter of Jerzy Grotowski and Thomas Richards in Italy, New York, and Sao Paulo, Myrto is now crafting an auto/ethnographic account of her embodied research at the intersection of something she calls 'prayer' and something known as 'performance.'

Beyond her scholarly occupations, Myrto writes poetry, sings and dances up a storm, and has been getting entangled in all kinds of performance experiments on all sides of the stage since 2010.